

Is AI a valuable education tool that improves student learning?

My Learning Style and Habits

Complete the questionnaire by selecting all that apply, or writing short responses.

1. When I'm learning something new, what do I usually do first?

- Read instructions
- Look at examples
- Ask someone to explain
- Try it myself

2. I prefer to get information by

- Reading a text
- Watching a video
- Listening to someone explain
- Doing a hands-on activity
- Other _____

3. When a teacher is explaining something, what helps me pay attention?

4. What study techniques do I use to study for a test?

5. When I don't understand schoolwork, what do I normally do?

6. I prefer working...

- By myself
- With a partner
- In a small group
- It depends. Explain: _____

7. How do I feel about using AI for school work? Why?

8. What kinds of tasks do I use AI for?

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AI Tools for Learning

Fill in the chart with at least five different AI tools. Explain how the tool can support learning, and how it can hurt learning due to unhelpful offloading.

| AI Tool | How this tool can support my learning (helpful offloading) | How this tool could hurt my learning (unhelpful offloading) |
|----------------------|--|--|
| Example: Canva AI | It can help me design a presentation so I don't waste time designing color schemes or backgrounds. | It can create entire presentations based on a topic, which may or may not have accurate information or answer the assignment requirements, and I'm not using what I learned. |
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