Knowledge and the Knower: Personal Memory vs Shared Memory

Lesson 1: Opening Debate

Focus: Which is more reliable: personal memory or shared memory, such as in historical records?

Objective	Explore different perspectives on the reliability of memory and history, with attention to power, bias, and subjectivity. Analyze how commonly held memories differ from documented historical facts. Determine whether there are circumstances under which intentionally omitting certain memories from historical narratives can be justified.
Activities	 Introduction (5 mins) Present the central question: "Which is more reliable: personal memory or official history?" Share a brief anecdote: For instance, a student's family memory of an event vs. a textbook version. Ask students what might cause these accounts to differ. Optional viewing What is the difference between history and memory? - YouTube to give students contextual information regarding the topic.
	2. Debate setup (5 mins): Use the Kialo discussion: Which is more reliable: personal memory or official history? with these theses: "Official history is more reliable." "Personal memory is more reliable." The discussion includes the following pros and cons beneath the theses: THESIS: Personal memory is more reliable. PRO: Personal memory is based on individual experiences. CON: Personal memory is to subjective to trust. THESIS: Official history is more reliable. PRO: Official history is more reliable. PRO: Official history is systematically constructed. CON: Official history is often shaped by power structures. Below is a list of claims and questions that you may wish to use with students to develop the discussion. "History is always written by the victors." Debate Prompt: Does this mean personal memory is more authentic, since it's free from official spin? "If a memory is shared by enough people, it becomes history." Question: Is there a difference between commonly held memories and documented historical fact? "All personal memory is too subjective to trust, while history is based on objective research." Pushback: Remind students that historians can also be subjective. "Official history is just a collectively agreed-upon memory—no more valid than personal recollections." Challenge: Ask if official archives, historical methods, and cross-verification make history inherently stronger. "Forgetting is essential to national unity—some parts of history must be left out."
	 Moral/Ethical Angle: Should certain memories (genocides, atrocities, colonial abuses) ever be intentionally omitted? 3. Debate (15–20 mins)



	 Students present initial arguments, referencing examples like false memories (Mandela Effect) or controversies in historical narratives (different countries' textbooks). Encourage counterarguments. Ask: "Could memory capture truths that official history omits?" "Can historians be biased, too?"
Reflection Questions	Reflection (10 mins): Discuss the following reflection questions in open discussion or exit ticket format: • What factors make personal memory convincing or unconvincing as a source of knowledge? • How might historians' methods (archival research, cross-verification) challenge or support personal recollections? • In what ways could power or authority shape both memory and history?
Resources	Lesson Slides Kialo discussion with the debate prompt
TOK Concepts	Perspectives: How do commonly held memories differ from documented historical facts, and what implications does this have for our understanding of history? Power: In what ways do power structures shape the "official" narratives of historical events, and how does this affect collective memory? Justification: Are there circumstances under which intentionally omitting certain memories from historical narratives can be justified?
Critical Thinking Concepts	1. Confronting Biases and Assumptions: Identifying Authority Bias: Recognizing the assumption that "official = correct." Questioning Personal Bias: Reflecting on how our own experiences might skew our perception of events. Exploring Contexts: Stakeholder Analysis: Prompt students to consider who is impacted by impaired memory or revised history (pursuers of justice, narrative shapers, broader society). Cultural and Societal Influences: Show how values, norms, or local regulations shape our perceptions of knowledge and identity. Responsiveness and Flexibility of Thought: Adapting Arguments: Remind students to refine or adjust their positions when new information emerges. Comparing Contradictory Perspectives: Have them weigh opposing viewpoints critically to see if, or how, their stance might change.

